



Detailed Course Syllabus

Academic Year	2025/2026	Semester	summer
Study Program	Nursing Study	Specialization/ Major in	Year of Study 3

I. BASIC COURSE INFORMATION

Name	Health promotion and nursing care in early childhood settings		
Abbreviation	IZBP273	Code	280423
Status	Elective	ECTS	3
Prerequisites	-		
Total Course Workload			
Teaching Mode	Total Hours	Teaching Mode	Total Hours
Lectures	15	Seminars	15
Class Time and Place	CUC according to published timetable		

II. TEACHING STAFF

Course Holder

Name and Surname	Ivica Matić		
Academic Degree	PhD	Professional Title	Assistant Professor
Contact E-mail	ivica.matic@unicath.hr	Telephone	
Office Hours	According to published timetable Office		

Course Collaborator

Name and Surname	Mateja Krznar		
Academic Degree	Mag.med.techn.	Professional Title	Assistant
Contact E-mail		Telephone	
Office Hours	According to published timetable Office		

Course Collaborator

Name and Surname			
Academic Degree		Professional Title	
Contact E-mail		Telephone	
Office Hours	According to published timetable Office		

III. DETAILED COURSE INFORMATION

Teaching Language	English	
Course Description	This course provides undergraduate nursing students with theoretical knowledge and practical experience in promoting and ensuring child health within early childhood education settings. Students will explore the role of the preschool health coordinator (school nurse) in preventive healthcare, health education, and collaboration with educators, parents, and healthcare institutions.	
Expected Educational Outcomes	<ul style="list-style-type: none">• explain the responsibilities of a nurse in early childhood education settings• apply key preventive healthcare strategies to protect children's well-being• work collaboratively with educators and preschool staff to integrate health and hygiene practices into daily activities• develop and conduct age-appropriate health education for children and provide training for preschool staff on relevant healthcare topics• maintain accurate health documentation, analyze health data, and prepare reports• monitor and recommend improvements for sanitary and hygienic conditions in preschool settings	
Textbooks and Materials		
Required	Hagan JF, Shaw JS, Duncan PM, eds. Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents. 4th ed. Elk Grove Village, IL: American Academy of Pediatrics; 2017	
Supplementary		
Examination and Grading		
To Be Passed	Exclusively Continuous Assessment	Included in Average Grade
Prerequisites to Obtain Signature and Take Final Exam	Regular class attendance (presence at a minimum of 70% of classes) Properly completed seminar obligations	
Examination Manner	Through continuous assessment of student work, the final grade is determined as follows: Excellent (5) – from 90 to 100% Very good (4) – from 80 to 89.9% Good (3) – from 70 to 79.9% Sufficient (2) – from 60 to 69.9%	

Grading Manner

Continuous assessment of student work through:
Learning activities: seminar paper
Final exam (written)

**Detailed
Overview of
Grading within
ECTS**

ACTIVITY TYPE	ECTS Student Workload Coefficient	GRADE PERCENTAGE (%)
Class Attendance	1	0
Seminar Presentation	0.6	30
Total in Class	1.6	30
Final Exam	1.4	70
TOTAL ECTS (Classes + Final Exam)	3	10

Midterm Exam**Dates**

Final Exam**Dates**

IV. WEEKLY CLASS SCHEDULE

<i>Lectures</i>	
Week	Topic
1.	The role of the preschool health coordinator in early childhood education
2.	Legal and ethical aspects of health promotion in preschools
3.	Principles of Disease Prevention and Health Promotion in Young Children
4.	Vaccination and Immunization Schedules for Preschool-Aged Children
5.	Common Childhood Illnesses and Infectious Disease Control in Preschools
6.	Growth Monitoring and Nutritional Assessment in Early Childhood
7.	Health Education Strategies for Young Children: Teaching Hygiene and Self-Care
8.	Training Preschool Educators on Health and Safety Practices
9.	Nutritional Needs of Preschool-Aged Children: Planning Balanced Diets
10.	Preventing Childhood Obesity through Healthy Eating and Physical Activity
11.	Sanitation and Hygiene Standards in Preschool Environments
12.	Health Documentation, Data Analysis, and Reporting in Preschool Health Care
13.	Evaluating Hygiene and Safety Conditions in a Preschool Setting
<i>Seminars</i>	
Week	Topic
1.	Preschool Health Nursing
2.	Preventive Healthcare in Early Childhood
3.	Health Screening and Monitoring in Preschools
4.	Health Education and Collaboration with Educators and Parents
5.	Nutrition and Physical Activity in Early Childhood
6.	Hygiene and Safety in Preschool Settings
7.	Collaboration with Healthcare Institutions and Reporting