



Detailed Course Syllabus

Academic Year	2023./2024.	Semester	Summer
Study Program	Graduate university study	Specialization/ Major in	For Student Incoming Mobility
		Year of Study	1-2
I. BASIC COURSE INFORMATION			
Name	Police psychology		
Abbreviation	IZBEPSIH18	Code	251870
Status	Elective course	ECTS	3
Prerequisites	None		
Total Course Workload			
Teaching Mode	Total Hours	Teaching Mode	Total Hours
Lectures 15			
Seminars 15			
Practice 15			
Class Time and Place	Catholic University of Croatia -according to schedule		

II. TEACHING STAFF			
Course Holder			
Name and Surname	Ivana Glavina Jelaš		
Academic Degree	PhD	Professional Title	Assistant professor
Contact E-mail	ivana.glavinajelas@gmail.com	Telephone	+385 (1)
Office Hours	According to schedule		

III. DETAILED COURSE INFORMATION	
Teaching Language	English
Course objectives:	
Course Description	<p>Learning about psychological determinants of police work and police subculture. Analysis of socio-psychological concepts of group behavior in the police environment. Analyzing the profile of police officers within the existing personality models. Determining the psychological aspect of the community policing model. Learning about police stress, stressors and coping strategies. Learning about mental health care for police officers and the mental health care of police officers in Croatia and in general. Familiarization with the activities of the Police College Mental Health Centre in Croatia. Acquaintance with the work of police psychologists and learning about the specifics of the approach to police</p>

officers in general as well as in terms of care for their mental health. Learning about the psychological aspects of different police jobs.

Course content:

Brief overview of the development of police psychology and acquisition of basic concepts. Police subculture. Selection of police officers and their training. Elements of social psychology in the police. Profile and personality of police officers. Community policing model. Media, public and police. Prejudices about police officers. Specifics of organizational psychology in the police. The relationship between work and private domains in the life of police officers. Organizational and operational police stressors. Coping mechanisms with stress of police officers. Consequences of police stress. Mental health care of police officers and mental trainings in the police. Mental resilience and cognitive capacities of police officers. Crisis interventions in the police. Specifics of the psychological approach to police officers. Psychological determinants and stress of polygraph examiners, forensic experts, contact police, intervention police, special police and border police.

Expected Educational Outcomes

Critical assessment of the impact of public perception on police officers. Classification of police stressors and stress coping mechanisms. Assessment of the motivation of police officers to perform their work as well as the motivation for recruitment to police. Identification of the specifics of the police system and its impact on police officers. Evaluation of the determinants of the selection procedure. Differentiation of the elements of the police subculture. Compartment of the importance of preventive action in relation to the treatment of police officers in the context of their mental health. Assessment of the role and importance of police psychologists in the system. Creation of a systematic proposal of care for mental health of first responders.

Textbooks and Materials

Required

1. Glavina Jelaš, I., Dević, I., Karlović, R. (2020). Social support, stress, burnout and health of police officers. *Safety*, 62 (4), 329-345.
2. Glavina Jelaš, I., Karlović, R., Pačelat, J. (2022). Police perception of onfluence of COVID-19 pandemic on police work and police officers in Croatia. *Safety*, 65 (1), 39 - 58.

Supplementary

1. Glavina Jelaš, I., Karlović, R., Pačelat, J. (2021). Testing the effectiveness of a running programme on the mental health of Croatian police officers. 9th International scientific conference on Kinesiology - conference proceedings, 578-585.
2. Glavina Jelaš, I., Pačelat, J., Mahnet, K. (2020). Do police officers accept modern psychological treatments? *Proceedings VI. International scientific conference „Police College research days“* (165-179). Zagreb: Ministry of the Interior, Croatia.
3. Glavina Jelaš, I., Korak, D., Dević, I. (2014). Adaptive and maladaptive stress coping mechanisms of police officers. *Safety*, 56 (3), 203-2011.
4. Glavina Jelaš, I., Pačelat, J., Mahnet, K. (2020). Relationship between mindfulness trait and mental and physical health of Croatian police officers. *Police and Security*, 29, 1-2, 5-23.

Examination and Grading

To Be Passed	Yes	Exclusively Continuous Assessment	No	Included in Average Grade	Yes
Prerequisites to Obtain Signature and Take Final Exam		Regular class attendance (attendance at least 70% of classes.) Obtaining at least 70% points (out of a total of 100 points) during classes (mid-term exam, term paper)			
Examination Manner		Continuous evaluation of student work through teaching activities			

Grading Manner

1.Activities –70%:

Mid-term exam – 30%

Term paper – 20%

Exercise – 20%

2.Final exam – 30%

Grades

Grades:

- 5– 90 do 100% points
- 4 – 80 do 89,9% points
- 3 – 65 do 79,9% points
- 2 – 50 do 64,9% points
- 1 – 0 do 49,9 % points

Detailed Overview of Grading within ECTS

Attendance	0.8	0
Mid-term exam	0.66	30
Term paper	0.44	20
Exercise	0.44	20
Total during class	2.34	70
Final exam	0.66	30
TOTAL	3	100

Midterm Exam Dates

8th lecture

IV. WEEKLY CLASS SCHEDULE

Lectures

Week	Topic
1.	Introductory lecture - generally about police psychology
2.	Police subculture
3.	Motivation and personality of police officers
4.	Police selection and education
5.	Prejudices toward police officers
6.	Expectations and perception of the public and the media
7.	Organizational and operational stressors of police officers and their coping mechanisms
8.	A private domain in the life of a police officers
9.	Psychosocial care for police officers in Croatia
10.	Adaptation of the psychological approach to police officers
11.	Mental resilience and psychological treatment of police officers
12.	Crisis interventions in the police
13.	Psychological aspects of the work of intervention police and special police
14.	Psychological aspects of the work of traffic police officers
15.	Psychological aspects of the work of forensic experts

Seminars

Week	Topic
1.	Term paper in accordance with lecture topic
2.	Term paper in accordance with lecture topic
3.	Term paper in accordance with lecture topic
4.	Term paper in accordance with lecture topic
5.	Term paper in accordance with lecture topic
6.	Term paper in accordance with lecture topic
7.	Term paper in accordance with lecture topic
8.	Term paper in accordance with lecture topic
9.	Term paper in accordance with lecture topic

10.	Term paper in accordance with lecture topic
11.	Term paper in accordance with lecture topic
12.	Term paper in accordance with lecture topic
13.	Term paper in accordance with lecture topic
14.	Term paper in accordance with lecture topic
15.	Term paper in accordance with lecture topic