



Detailed Course Syllabus

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|------------------------------------|--|---------------------------------|-------------------------------|--------------------------|
| Academic Year | 2023. / 2024. | | Semester | Winter |
| Study Program | Undergraduate university study | Specialization/ Major in | For Student Incoming Mobility | Year of Study 1-3 |
| I. BASIC COURSE INFORMATION | | | | |
| Name | INTRODUCTION TO CLINICAL PSYCHOLOGY | | | |
| Abbreviation | IZBEPSIH1 | Code 251841 | | |
| Status | ELECTIVE | ECTS | 4 | |
| Prerequisites | None | | | |
| Total Course Workload | | | | |
| Teaching Mode | Total Hours | Teaching Mode | Total Hours | |
| Lectures | 30 | | | |
| Seminar | 15 | | | |
| Class Time and Place | Catholic University of Croatia - according to the published schedule | | | |

II. TEACHING STAFF

Course Holder

| | | | |
|-------------------------|-------------------------------------|---------------------------|---------------------|
| Name and Surname | Ljiljana Pačić-Turk | | |
| Academic Degree | PhD | Professional Title | Associate Professor |
| Contact E-mail | ljpturk@unicath.hr | Telephone | +385 (1) 3706 608 |
| Office Hours | According to the published schedule | | |

Associates in the course

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|-------------------------|-------------------------------------|---------------------------|-------------------------|
| Name and Surname | Maja Brekalo | | |
| Academic Degree | PhD | Professional Title | Postdoctoral Researcher |
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| Office Hours | According to the published schedule | | |

III. DETAILED COURSE INFORMATION

Teaching Language English

Course Description **The course aims:** Introduction with elementary terms from clinical psychology, elementary features of the clinical approach, elementary principles of psychodiagnostic and clinical intervention, and ethical principles in the work of clinical psychologists.

Course summary: Definition and historical development of clinical psychology; Criterium for determining normal and pathological; Characteristics of clinical

approach; Theoretical models in clinical psychology; Basis principles of a clinical interview; Observation and self-observation in clinical psychology; Basic psychodiagnostic principles in clinical practice. Basic principles of testing in clinical practice; Basics principles of testing cognitive and conative functions; Quantitative and qualitative analysis of obtained results; Writing assessment in clinical practice; Basics psychodiagnostic approaches: Research in clinical psychology; Ethical principles in work of clinical psychologist.

Expected Educational Outcomes

Compare different psychotherapeutic approaches. Describe the characteristics of the clinical approach. Explain the role of observation, self-observation, clinical interview, and testing in clinical practice. Apply basic principles of psychodiagnostic in clinical practice. Compare quantitative and qualitative obtained results to interpret results and write a psychological assessment. Explain the role of research in clinical practice. Identify ethical problems in the work of clinical psychologists.

Textbooks and Materials

Required

1. Nietzel, M. T., Bernestein, D. A., Milich, R. (2001). Uvod u kliničku psihologiju. Jastrebarsko: Naklada Slap.
2. Lindsay, S., Powell, G. (2002). The Handbook of Clinical Adult Psychology. New York: Routledge.

Supplementary

- Davison, G. C., Neale, J. M. (1999). *Psihologija abnormalnog doživljavanja i ponašanja*. Jastrebarsko: Naklada Slap.
- Kaplan, H. I., Sadock, B. J. (1998). *Priručnik kliničke psihijatrije*. Jastrebarsko: Naklada Slap.
- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). <https://doi.org/10.1176/appi.books.9780890425596>

Examination and Grading

| To Be Passed | Exclusively Continuous Assessment | | Included in Average Grade | |
|--------------|-----------------------------------|----|---------------------------|----|
| | Yes | No | Yes | No |

Prerequisites to Obtain Signature and Take Final Exam

Regular class attendance (attendance at least 70% of classes)
Obtaining a minimum of 35% of points during classes

Examination Manner

Continuous evaluation of student work through teaching activities
Final written exam (minimum for passing the written exam is 50% of correct answers)

Way to earning points:

Grading Manner

1. **Teaching activities - 70%:**
 - 1. colloquium- 25%
 - 2. colloquium - 25%
 - Seminar - 20%
2. **Final written exam - 30%**

Numerical grading scale for student work:
excellent (5) - 90 to 100% points

very good (4) – 80 to 89.9% points
 good (3) – 65 to 79.9% points
 sufficient (2) – 50 to 64.9% points
 insufficient (1) – 0 to 49.9 % points

**Detailed
 Overview of
 Grading within
 ECTS**

| TYPE OF ACTIVITY | ECTS points - coefficient of the student workload | GRADE PERCENT (%) |
|--|---|----------------------|
| Attending classes | 1.2 | 0 |
| Colloquium | 0.7 | 25 |
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| Seminar | 0.6 | 20 |
| Total during class | 3.2 | 70 |
| Final exam | 0.8 | 30 |
| TOTAL POINTS (classes + final exam) | 4 | 100 |

**Midterm Exam
 Dates**

7th and 15th term of class

**Final Exam
 Dates**

According to the published schedule

IV. WEEKLY CLASS SCHEDULE

Lectures

| Week | Topic |
|------|---|
| 1. | Definition and history of clinical psychology. |
| 2. | Criterion for determining normal and pathological. Characteristics of clinical approach. |
| 3. | Theoretical models in clinical psychology. Diagnostic systems DSM IV and DSM 5. |
| 4. | Basic principles of the clinical interview. Observation and self-observation in clinical psychology. |
| 5. | Basic psychodiagnostic principles in clinical practice. Basic principles of testing in clinical practice. |
| 6. | Basics principles of testing cognitive and conative functions. |
| 7. | Colloquium 1 |
| 8. | Quantitative and qualitative analysis of obtained results. |
| 9. | Writing assessment in clinical practice. |
| 10. | Basics terms from different psychotherapeutic approaches – 1 st part |
| 11. | Basics terms from different psychotherapeutic approaches – 2 nd part |
| 12. | Research in clinical psychology. |
| 13. | Ethical principles in the work of clinical psychologists. |
| 14. | Children clinical psychology. Clinical neuropsychology. |
| 15. | Colloquium 2 |

Exercises

| Week | Topic |
|-------------|---|
| 1. | Depression - diagnostics and therapy |
| 2. | Bipolar disorder - diagnostics and therapy |
| 3. | PTSD - diagnostics and therapy |
| 4. | Obsessive-compulsive disorder - diagnostics and therapy |
| 5. | Panic disorder - diagnostics and therapy |
| 6. | Social phobia - diagnostics and therapy |
| 7. | Sexual disorder and sexual disturbance - diagnostics and therapy |
| 8. | Psychotic disorders - diagnostics and therapy |
| 9. | Personality disorders - diagnostics and therapy |
| 10. | Disorders related to psychoactive use - diagnostics and therapy |
| 11. | Aging problems, aging and psychological disorders - diagnostics and therapy |
| 12. | Neurological problems and neurological diagnostics |
| 13. | Psychosocial rehabilitation |
| 14. | Feeding disorders - diagnostics and therapy |
| 15. | Sleeping disorders - diagnostics and therapy |